



# **Cardiovascular Consultants, Inc.**

## **Stent Instructions**

A coronary stent is a small metal coil or mesh tube that is placed in a narrowed artery through a catheter to help improve blood flow to your heart. The stent permanently holds the passageway open and helps prevent re-narrowing of your artery.

### **Special instructions:**

- Do not eat or drink after midnight the night prior to your procedure.
- You may take your medication(s) on your regular schedule with a sip of water (unless otherwise directed by your physician). However, if you're taking the blood thinner warfarin or Coumadin, it should be stopped a few days before the procedure. Check with your physician's assistant for details regarding this.
- Bring a list of your medications and their dosages to the hospital with you.
- It is helpful if you can pre-register with the hospital Admitting Office one or two days prior to the procedure.
- Expect to stay overnight in the hospital after the procedure is completed.
- You should have someone drive you home from the hospital as you may not feel up to operating an automobile.